

## **Epilogue - Resources**

### **Organizations**

American Paraplegia Association  
75-20 Astoria Blvd.  
Jackson Heights, NY 11370-1177  
718-803-3782 x322

Eastern Paralyzed Veterans Association (EPVA)  
75-20 Astoria Blvd.  
Jackson Heights, NY 11370-1177  
1-800-444-0120  
713-803-EPVA (Publications coordinator)

National Database of Educations Resources on Spinal Cord Injury  
TIRR, B-107  
1333 Moursund  
Houston, TX 77030  
713-797-5944

National Spinal Cord Injury Association  
8300 Colesville Road, Suite 551  
Silver Spring, MD 20910  
1-800-962-9629  
FAX 301-588-6959  
E-Mail NSCIA2@AOC.com  
Website: <http://www.spinalcord.org>

National Spinal Cord Injury Hotline  
2200 North Forest Part Ave.  
Baltimore, MD 21207  
1-800-526-3456

Paralyzed Veterans of America (PVA)  
801 18th Street NW  
Washington, DC 20006  
202-872-1300  
1-800-424-8200

RESNA  
1700 North Moore ST, Suite 1540  
Arlington, VA 22209-1903  
(703) 524-6686  
Fax: (703) 524-6630  
TTY: (703) 524-6639  
Email: [info@resna.org](mailto:info@resna.org)  
Website: [www.resna.org/](http://www.resna.org/)

## **National Spinal Cord Injury Association Chapter Network**

### CALIFORNIA

Los Angeles Chapter, NSCIA  
311 N. Robertson Blvd. Suite 823 Beverly Hills, CA 90211 Telephone: (310) 553-4929 Or:  
(310) 553-4833 Fax: (310) 659-5040  
Contact: Paul Bems, MD

### CALIFORNIA

San Diego County Chapter, NSCIA 6645 Alvarado Road  
San Diego, CA 92120  
Telephone: (619) 229-7001 Pager: (619) 839-4367  
Contact: Paul Bernes, MD

### CONNECTICUT

Connecticut Chapter, NSCIA P.O. Box 400  
Wallingford, CT 06492  
Telephone: (203) 284-1045  
Website: [www.sciact.org](http://www.sciact.org)  
Contact: Bill Mancini

### DISTRICT OF COLUMBIA

SCI Network of Metropolitan Washington, NSCIA  
Plaza West 9  
51 Monroe Street  
Rockville, MD 20850  
Telephone: (301) 424-8335 Fax: (301) 424-8858  
Email: [stevetowle@cs.com](mailto:stevetowle@cs.com)  
Contact: Please leave message

### ILLINOIS

Illinois Chapter, NSCIA  
1032 South LaGrange Road  
LaGrange, IL 60525  
Telephone: (708) 352-6223 Fax: (708) 352-9065  
Website: <http://members.aol.com/sciinjury/sci.htm>

Contact: Mercedes Rauen

INDIANA

Calumet Region Chapter, NSCIA  
300 West 21" Avenue  
Gary, IN 46407  
Telephone: (219) 883-0431 ext. 22 or (219) 944-8037  
Contact: Lucille Hightower and Ann Burge

INDIANA

Central Indiana Chapter, NSCIA  
656 Bakeway Circle  
Indianapolis, IN 46231  
Telephone: (317) 244-9204  
Email: stevec45@aol.com  
Contact: Steve Hegg

KENTUCKY

Derby City Area Chapter, NSCIA c/o Center for Accessible Living  
981 South 3rd Street  
Louisville, KY 40203  
Telephone: (502) 589-6620 Contact David Allgood  
Telephone: (502) 458-0233 Contact: Buddy Lawson

LOUISIANA

Louisiana Chapter of New Orleans  
3650 18th Street  
Metairie, LA 70002  
Telephone: (504) 455-7315  
Fax: (504) 455-7315  
Contact: Yadi Mark

WISCONSIN

Greater Milwaukee Chapter, NSCIA  
1545 South Layton Blvd.  
Room 516  
Milwaukee, WI 53215  
Telephone: (414) 384-4022  
Contact: Please leave message

WISCONSIN

Madison Area Chapter  
P.O. Box 2685  
Madison, WI 53701  
Telephone: (608) 222-8302  
Contact: Please leave message

**SPINAL CORD INJURY INFORMATION/SUPPORT GROUPS  
AROUND CONNECTICUT**

**SPINAL CORD INJURY ROUND TABLE SUPPORT GROUP**

*Where: Hospital for Special Care in New Britain, CT*

*When: 3rd Tuesday of EVERY month*

*Time: 3:30 - 5:00*

*Contact: Jennifer Bartiss-Earley at 860-827-1958 ext 5494*

**SPINAL CORD INJURY SUPPORT GROUP**

*Where: William W. Backus Hospital in Norwich, CT*

*When: 3rd Saturday of EVERY month*

*Time: 11:00 - 12:30*

*Contact: Amy Anderson at 860-823-6317*

**SPINAL CORD INJURY SUPPORT GROUP**

*Where: Rehabilitation Hospital of Connecticut in Hartford, CT*

*When: dates and times to be ANNOUNCED*

*Contact: Janet Connely at 860-714-3500*

**SPINAL CORD INJURY INFORMATION GROUP**

*Where: Gaylord Hospital in Wallingford, CT*

*When: dates and times to be ANNOUNCED*

*Contact: Matt Ginger at (203) 284-2875*

FOR MORE INFORMATION CONTACT NSCIA CT-Chapter by: calling 203-284-1045 or E-MAIL [nsciatgiconn.net](mailto:nsciatgiconn.net) or Visit our Web-Site [www.sciact.org](http://www.sciact.org)

## **Publications**

### Active Living

P.O. Box 237  
Grimsby, Ontario L3M4G3  
1-905-309-1639  
FAX 1-905-309-1640

A magazine that deals with health, fitness and recreational activities for people with disabilities.

### Disability Rag

P.O. Box 145  
Louisville, KY 40201-0145  
502-459-5343

### In the Mainstream, Inc.

3 Bethesda Metro Ctr., #830  
Bethesda, MD 20814  
6-9-234-3138

### Disability Product Postcards

PO Box 220  
Horsham, PA 19044-0220  
[www.disabilitypostcards.com](http://www.disabilitypostcards.com)

### New Mobility

Miramar Communications, Inc.  
23815 Stuart Ranch Rd.  
P.O. Box 8987  
Malibu, CA 90266  
800-543-4116

### One Step Ahead

P.O. Box 370598  
San Diego, CA 92137-0598  
800-386-5367

### Paraplegia News

2111 E. Highland Ave., Suite 180  
Phoenix, AZ 85015  
602-244-0500

### The Complete Product Guide

PO Box 220  
Horsham, PA 19044  
1 888-850-0344

### Spinal Cord Injury Life

545 Concord Ave., Suite 29  
Cambridge, MA 02138  
617-441-8500

Spinal Network

Nine Lives Press  
PO Box 220  
Horsham, PA 19044  
1 888 850-0344 X 209

Sports 'N Spokes

211 East Highland Avenue, Suite 180  
Phoenix, AZ 85016-4702  
1-602-224-0500  
FAX 1-602-224-0507

**Research**

Christopher Reeve Paralysis Foundation  
500 Morris Avenue  
Springfield, NJ 07081  
1-800-225-0292  
FAX 1-972-243-2272  
[www.apacure.org/](http://www.apacure.org/)

Kent Waldrep National Paralysis Foundation  
14651 Dallas Parkway, Suite 136  
Dallas, TX 75240  
800-925-CURE  
[www.spinalvictory.org/](http://www.spinalvictory.org/)

Miami Project to Cure Paralysis  
P.O. Box 016960  
Mail Locator R-48  
Miami, FL 33101  
305-243-6001  
FAX 305-243-6017  
[mpinfo@miamiproject.med.miami.edu](mailto:mpinfo@miamiproject.med.miami.edu)  
<http://www.miamiproject.miami.edu>  
1-800-STAND-UP

National Academy of Science  
2101 Constitution Avenue NW  
Washington, DC 20418  
202-334-2000

National Institute of Disability and Rehabilitation Research (NIDRR)  
U.S. Dept. of Education  
400 Maryland Avenue SW  
Washington, DC 20202  
202-205-9194

UAV Department of PMR  
SRC 529 1717 6<sup>th</sup> Ave  
South Birmingham, AL 35249-7330  
205-934-3283

Rehabilitation and Research Training Center for the Aged

Craig Hospital  
3425 South Clarkston  
Englewood, CO 80110  
303-789-8202  
www.craighospital.org

Research! America  
1522 King Street  
Alexandria, VA 22314  
1-800-366-2873

Spinal Cord Society  
Weldell Rd  
Fergus Falls, MN 56537  
218-739-5252  
www.cdrweb.com/spinal

### **Statistics**

NSCIA Statistical Center  
( University of Alabama - Birmingham )  
Spain Rehabilitation Center  
1717 6th Avenue South  
Birmingham, AL 35233  
1-205-934-5048

### **Substance Abuse**

Al-Anon Family Group Headquarters  
Alateen, Alapreteen, Alatot  
1372 Broadway  
New York, NY 10018  
1-800-356-9996  
1-800-344-2666  
Offers 12 step recovery programs for families and friends of alcoholics

1-800-ALCOHOL  
Ad Care Hospital  
107 Lincoln Street  
Worcester, MA 01605  
1-800-252-6465

Provides information and treatment resources for substance abuse. Offers referrals to regional agencies and hospitals.

### **Ventilator Users**

American Association for Respiratory Care  
11030 Ables Lane  
Dallas, TX 75229

1-972-243-2272

International Ventilator Users Network  
5100 Oakland Avenue, #206  
St. Louis, MO 63110

National Association of Ventilator Dependent Individuals  
( NAVDI )  
3607 Popular Street P.O. Box 3666  
Erie, PA 16508

## **Web Sites**

AbleData (<gopher://val-dor.cc.buffalo.edu:70/00.naric/abledata/>)

A clearinghouse for reference documents, rehabilitation issues and assistive technology.

Access-Able Travel (<http://www.access-able.com>)

Covers all aspects of traveling with a disability.

The Alternative Medicine Home Page (<http://www.pitt.edu/~cbw/altm.html>)

Information on alternatives or adjuncts to allopathic medicine from the University of Pittsburgh.

ADA Central at Iowa State (<http://www.iastate.edu/~sbilling/ada.html>)

All about the ADA Act as well as other disability issues.

ADA Information Center On-Line (<http://www.idir.net/~adabbs>)

One site clearinghouse on ADA and disability related issues.

Apple Computer Disability Page (<http://www.apple.com/disability/welcome/html>)

Connecticut Chapter, NSCIA (<http://www.icon.net>) ([www.sciact.org](http://www.sciact.org)) collection of state chapter events and activities

Cornucopia of Disability Information (<gopher://val-dor.cc.buffalo.edu/1>)

Collection of resources from SUNY of Buffalo.

Cure Paralysis Now (<http://www.cureparalysis.org/>)

Focus on cures for SCI.

DisAbility Resources (<http://www.eskimo.com/~jlubin/relax.au>)

Compendium of disability-related links from a C2 quad.

Disabilities, Opportunities, Internetworking and Technology (<http://weber.u.washington.edu/~doit/>)

Comprehensive list of disability-related resources on the Internet.

The Disability Rights Activist (<http://www.teleport.com/~abarhvd/>)

Guide to rights for people with disabilities.

Exhale (<http://www.ecentral.com.exhale>)

Discussions, resources and hot topics for teens.

Functional Electric Stimulation Page (<http://fourier.bme.ualberta.ca/~fes/fes.html>)

All about FES development from the University of Alberta.

Mainstream (<http://www.mainstream-mag.com/>)

Magazine for the “able-disabled”.

NARIC SCI Resource Guide (<http://www.cais.net/naric//sci.html>)  
Extensive information concerning all aspects of SCI.

New Hampshire Challenge (<http://www.vive.com/connect/nhchallenge/index.htm>)  
A quarterly publication for families who have a member with a disability.

RVL SCORE (<http://www.loop.com/~rvl>)  
Dedicated to education, financial assistance and advanced therapies for people with SCI.

Social Security On-Line (<http://www.ssa.gov/>)  
Benefits, Medicare, PASS, application and appeal information.

Storm Readings (<http://shebute.com/Newsun/Today/StormRead.html>)  
Site based on writings of a playwright with a disability.

The Trace Center (<http://www.trace.wisc.edu/>)  
Resource for access to computing, software, design guidelines, training, research and development.0